Conquering Children’s Fears

General
Usborne first experiences by Anne Civardi

Nightmares/The Dark/Monsters
The dream jar by Lindan Johnson
Pooh’s bad dream by Kathleen Zoehfeld
Go away, big green monster! By Ed Emberly
Katie and the big brave bear by Hermann Moers
The star rocker by Joseph Slate
Storm in the night by Mary Stolz
Who’s afraid of the dark? By Crosby Bonsall
The monster bed by Jeanne Wills
Thunder doesn’t scare me by Lynea Bowdish
Leonardo the Terrible Monster by
Pip’s magic by Ellen Stoll Walsh

Sleeping Away From Home
Night in the barn by Faye Gibbons
Flashlight by Betsy James
Pinky and Rex go to camp by James Howe
Edward’s overwhelming overnight by Rosemary Wells
Ira sleeps over by Bernard Waber

Swimming
Froggy learns to swim by Jonathan London
Sydney won’t swim by Hilde Schuurmans

Doctors
Going to the doctor by T. Berry Brazelton
Just going to the dentist by Mercer Mayer
The Berenstain Bears visit the dentist by Stan Berenstain
Vera goes to the dentist by Vera Rosenberry
My first visit to the dentist by Monica Hughes

First Time at School
Look out Kindergarten, here I come! By Nancy Carlson
The Kissing Hand by Audrey Penn
Welcome to Kindergarten by Anne Rockwell

Moving
Moving by Fred Rogers
Alexander who is not (do you hear me?) going ( I mean it) to move! By Judith Viorst
The Berenstain bears moving day by Stan Berenstain
Meg and Jack are moving by Paul Dowling
Meg and Jack’s new friends by Paul Dowling
Tigger’s moving day by Kathleen Zoehfeld
Boomer’s big day by Constance McGeorge

Making Friends’
Timothy goes to school by Rosemary Wells
The meanest thing to say by Bill Cosby
Pa Lia’s first day by Michelle Edwards
Oliver and Albert, friend forever by Jean Van Leeuwen

Losing Parental Love/Divorce
I love you, Stinky Face by Lisa McCourt
Daddy, would you love me if? By Carla Dijs
Always, Always by Crescent Dragonwing
No matter what by Debi Gliori
I love you the purplest by Barbara Joose
Mama, do you love me? By Barbara Joose
Guess how much I love you by Sam McBratney
Two homes by Claire Masural