

MIDDLE/TEEN BOOKLIST – TOUGH ISSUES

24 Hour (Suicide)	Mahy, Margaret
Before I die (Terminal illness)	Downham, Jenny
Black-eyed Suzie (Mental illness)	Shaw, Susan
Breathe My Name (Adoption/Abusive Birth mother)	Nelson, R. A.
Breathing Underwater (Abuse, Anger)	Flinn, Alexandra
Buried (Acholism)	MacCready, Robin Merrow
The Burn Journals (Suicide)	Runyon, Brent
Cut (Self-mutiliation)	McCormick, Patricia
Deadline (Terminal illness)	Crutcher, Chris
Dreamland (Abusive relationship)	Dessen, Sarah
Eight Stories Up: an adolescent chooses Hope over suicide	Lezine, DeQuincy A.
Fat Chance (Bulimia)	Newman, Leslea
Fat kid rules the world (Weight, depression)	Going, Kelly
Freewill (Suicide)	Lynch, Chris
Frequently asked questions about Self-mutilation and cutting	Pomere, Jonas
Get Well Soon (Mental illness)	Halpern, Julie
Girls Under Pressure (Anorexia)	Wilson, Jacqueline
Hunger (Anorexia)	Kessler, Jackie Morse
Impulse (Suicide)	Hopkins, Ellen
Inexcusable (Date Rape)	Lynch, Chris
Inside Out (Schizophrenia)	Trueman, Terry
It's Kind of a Funny Story (Depression)	Vizzini, Ned
Kissing Doorknobs (OCD)	Hesser, Terry Spencer
Love Sick (Bulimia)	Coburn, Jake
Next to Nothing: a firsthand account of One teenager's experience with an Eating disorder	Arnold, Carrie
Perfect m (Bulimia)	Friend, Natasha
Second Star to the Right (Weight issues)	Hautzig, Deborah
The Silent Cry: a teen's guide to Escaping self-injury and suicide	Esherick, Joan
Skinny (Eating disorder)	Kaslik, Ibi
Slam (Teenage Pregnancy)	Hornby, Nick
Staying Fat for Sarah Byrnes (Friendship, Child Abuse)	Crutcher, Chris
Stick Figure: a diary of my former self (Anorexia)	Gottlieb, Lori
Stop Pretending: what happened when my big sister went crazy (Mental	

Illness)	Sones, Sonya
Things Left Unsaid: a novel in poems (Teen suicide)	Hamphill, Stephanie
What Happened to Cass McBride? (Suicide)	Giles, Gail
When the Mirror Lies: anorexia, Bulimia, and other eating disorders	Orr, Tamra
Wintergirls (Anorexia)	Anderson, Laurie Halse